

# Stop What's Stopping You!

**Get out of your own way and have it all!**

In this new millennium, women are self-sufficient, corporate executives, business owners and politically active. They are wives, mothers and committed community leaders. Women want to do and be and achieve more, but they don't necessarily have the know-how, time or energy to manifest it all and achieve the fulfillment that is most important to them. Women get stuck by:

- A lack of understanding on how to network and build relationships professionally (or "how to play the game") while maintaining their femininity
- Lack of alignment with other women who can support their success in the business/corporate world
- Misunderstanding how to create the right support for their careers, aspirations, visions, goals
- Not understanding how their beliefs and the way they relate to others gets in the way of producing the results they want

We all have blind spots that keep us from living up to our potential. *Stop What's Stopping You!* is designed to help women uncover the blocks that are keeping them from "having it all." This supportive, fun and uplifting presentation will encourage and inspire women to take more personal responsibility and find the freedom they're looking for to be the fulfilled, passionate, successful women they want to be!

**In this powerful presentation, you will learn:**

- how to leverage the power of "Personal Leadership" to drive your vision and support your Big Dream
- how to harness flexibility so you can be successful at each role you play in your life: wife, mother, business professional, community leader, and more
- how to align with other women to get the support you need to go after your Big Dream and be successful at all the roles you play in life
- how to uncover the triggers that compel you to "play small" and feel victimized by others and transcend them so that you can live powerfully and lovingly in your world

**To schedule the "Stop What's Stopping You" keynote presentation or workshop, contact us: [booking@JaneInTheJungle.com](mailto:booking@JaneInTheJungle.com) or call 713-851-6900 today!**



*Kelly Smith*

Speaker,  
Esteem & Momentum Coach

**To book Kelly:**

**[booking@JaneInTheJungle.com](mailto:booking@JaneInTheJungle.com)  
713-851-6900**

Kelly is a very, very talented presenter! Her ability to engage an audience very quickly, keep their attention and have them laugh along the way is unmatched. Her insights into the human condition and how it relates to work place issues is extremely valuable. The feedback for multiple programs is as good as it gets. Everybody wants Kelly!

Garrison Wynn CSP  
*Wynn Solutions*

Kelly teaches empowerment in life lessons through gut-busting laughter.

Andrea Robinson  
*Patton Boggs*

# Stop What's Stopping You!

What a ball of fire! Kelly Smith is non-stop from beginning to end. You will come away from her presentation not only with new knowledge, but you will have laughed your head off!

**Donna Rogers, The Boeing Company**

Loved Kelly's enthusiasm and knowledge; she is very funny!

**Rhonda Driver, Univ. of Texas Medical Branch Hospital**

Kelly's presentation was very uplifting and will help me create the positive future I'm seeking.

**Erica L Mitchell, Schlumberger**

I have been to several of Kelly's presentations & continue to enjoy being enlightened and motivated.

**Carolyn Mistretta, Memorial Herman Health Care**

Kelly is awesome; I want to hear her speak again!

**Shelly Koterak, BMC Software**

Kelly Smith is a dynamic and practical speaker.

**Melanie Smith, Baylor University**

I love the energy Kelly brings!

**Brooke Garcia, Siemens Building Technology**

## About Kelly

Kelly Smith works with women to honor themselves, communicate powerfully and go for what they want. She combines her experience as a Coach with a background in communications to customize programs that are designed to meet people where they are and move them to the next level. Kelly started her speaking career with the world's largest seminar company in 2001 and has since launched her private company, *Jane in the Jungle*.

Rising from entry-level positions with law firms and insurance companies to building her own successful business, Kelly is an entrepreneur with a passion for helping people reclaim their inherent hunger for manifesting their Big Dream. Combining her background in counseling, sales, and training with her story of overcoming adversity, Kelly helps people to overcome their limitations and go for what they want in their life.



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## Professional Associations

Nat'l Speaker's Association,  
Member  
Re-evaluation Counseling,  
Certified Trainer  
Toastmaster,  
Certified Toastmaster  
Licensed Avatar Master,  
(leadership training)  
Landmark Education  
Graduate

## Healing Arts

Licensed Massage Therapist  
Licensed Reiki Master

Learn more online,  
[www.JaneInTheJungle.com](http://www.JaneInTheJungle.com)